

WHY THE CROSS



Week 2 – Life Group Guide or Personal Reflection Q's.

‘Welcome to week 2, of our Life Group Series, based off our message series here at CFC, ‘WHY THE CROSS’.

Before you begin today – **pray**, that God will lead you as you discuss His Word and think about how it applies to our lives... **PRAY**

"Through the Cross we are FREE!"

...**Think about a time** when you felt **truly free**. What made that moment special?

Pastor Andrew talked about how **Jesus not only forgives our sins but also frees us from bondage**. **Why do you think we sometimes struggle as Christians to walk in that freedom?**

The Cross Secures Our Freedom

Read Colossians 2:14-15 –

1. What does this passage tell us about **the power of the Cross**?
2. How does Jesus' victory on the Cross **impact our daily lives**?

Four Reasons We Don't Walk in Freedom:

Pastor Andrew outlined four reasons why believers may struggle to fully embrace the freedom Christ provides. Let's look at each one and discuss **how we can overcome them**.

1. Distraction – Losing Focus on the Cross

Read Hebrews 12:1-2 –

3. **What distractions** keep us from focusing on Jesus?
4. **How can we** be intentional about keeping our eyes on Christ?
5. Pastor Andrew mentioned that addictions often thrive in distraction. **How can focusing on the Cross help break those patterns?**

2. Denial – Refusing to Acknowledge Our Chains

Read John 8:36 –

6. Why is it sometimes hard to admit that **we need freedom**?
7. **How does fear** play a role in keeping us from stepping into the freedom Christ offers?
8. **What are some practical ways** we can move from denial to freedom?

3. Duplicity – Trying to Live in Two Worlds

Read Matthew 6:24 –

9. What does it look like to try to live in **both freedom and bondage**?
10. Pastor Andrew compared this to the Israelites wanting to go back to Egypt (Joshua 24). **Why do people sometimes long for what God has set them free from?**
11. **How does surrendering fully to Jesus** break the power of strongholds in our lives?

4. Discouragement – Believing Freedom is Too Hard

Read 2 Corinthians 3:17 –

12. Why do people sometimes **believe they'll never be free**?
13. How does the Holy Spirit **help us walk in freedom**?
14. Pastor Andrew talked about how past failures can convince us that freedom is impossible. **What are some truths from God's Word that can counteract this discouragement?**

Finally, Read Romans 6:6 –

- How does this verse reinforce the message of **freedom through the Cross**?
- What does it mean to live as someone who is **no longer a slave to sin**?

Conclusion: Walking in the Power of the Cross

- **Which of the four struggles** (Distraction, Denial, Duplicity, or Discouragement) **do you relate to most**?
- **What is one step** you can take this week to walk in **greater freedom**?
- **Close in prayer**, asking God to **break any chains** and to help each person **fully embrace the freedom Jesus paid for on the Cross**.