

# THE LIFE OF DAVID



## Week 4 – Life Group Guide or Personal Reflection Q's.

Welcome to week 4 of our Life Group Series, based off our 'Life of David' message series here at CFC...

- Share a **highlight** from your week...
- What's something you've learned or that's **impacted you** from David's story so far?

Before you begin today – **pray**, that God will lead you as you discuss His Word and think about how it applies to our lives...

**PRAY**

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### Week 4: “Grace in the Face of Trouble”

*‘God’s grace sustains us in adversity – and invites us to extend grace, even when it's hard.’*

Read Together: **1 Samuel 18:28 – 19:24**

1. **What stood out to you** from this passage and this week's message?

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### Point #1 – We So Need Some Jonathan's

*“Jonathan had taken a great liking to David and warned him...”*

Read **Ecclesiastes 4:9–10** - *“Two are better than one... If either of them falls down, one can help the other up. But pity anyone who falls and has no one to help them up.”*

**Discuss:**

1. What stands out to you about Jonathan's loyalty to David?
2. Have you ever had a “Jonathan” in your life—someone who stood with you when things were hard?
3. Who in your world might need you to be their “Jonathan” right now?

*Andrew spoke about how David went back to serving Saul, even after Saul tried to kill him. That's radical forgiveness.*

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### Point #2 – Sow Grace, Kindness and Forgiveness

*Matthew 7:12 – “Do to others whatever you would like them to do to you.”*

Read **Luke 6:35–38** and **Ephesians 4:32**

### Discuss:

4. Why is it so hard to show kindness to people who've hurt us?
5. What does it look like to sow grace and forgiveness in practical terms?
6. How have you seen grace make a difference—in someone else, or in yourself?

*Sometimes we struggle to forgive, but David kept serving Saul as before. That's both confronting and inspiring. Jesus offers us all forgiveness – now we are called to do likewise.*

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## Point #3 – Bad Things Happen to Good People

*John 16:33 – “In this world you will have trouble...”*

### Discuss:

7. Why do we sometimes feel **surprised** or shaken when hardship comes?
8. Have you had moments where someone **helped you stand in your faith** when you couldn't do it on your own?
9. What might it look like to *be* that kind of person for someone else?

### Encouragement:

Consider inviting someone new to join a **6-week Connect Group in Term 3** and go with them. These groups could be a lifeline for people who've just gone through Alpha, become a Christian, or just trying to find connection and strength in God, as we have in our groups already.

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## Point #4 – A Theology of Power and of Pain

*Andrew shared about the **tragic** loss of a friend's son, and yet also about God's healing **power** and miracles. Both realities exist in the kingdom of God. Getting tested for a sickness or seeking help isn't a sign of weak faith—it's an opportunity for God to bring a testimony!*

Look at **Romans 8:18**, and **John 16:33**

10. What does it mean to you that God is both **powerful** and **present** in our pain?
11. How can we help each other to pray expectantly for miracles and still trust God when they don't come in the way we expect?

### Extra reading...

 *Psalm 59 – “You are my fortress, my refuge in times of trouble.”*

 *Psalm 84 – “Better is one day in your courts...”*

### Prayer:

- Pray for one another—specifically where people need healing, breakthrough, or simply the strength to trust God through pain.

**“FAITH OVER FEAR”**

